

WAXING AFTER CARE

Thank you for choosing Serenity Day Spa & Salon for your waxing service. Please follow the guidelines below to ensure your skin is cared for properly.

Please note: some slight soreness, small bumps and redness are common and perfectly normal temporary reactions, particularly if this is your first wax. These symptoms should subside over the next 24 - 48 hours. If you experience persistent redness or irritation, please don't hesitate to call us.

Keep the waxed area clean and avoid heat and friction during the next 24 - 48 hours. This means:

- No hot baths or showers (cool to lukewarm water only).
 - No saunas, hot tubs, massage, or steam treatments.
 - No tanning (sunbathing, sun beds or fake tans).
 - No sport, gym work or other exercise.
 - Avoid scratching or touching the treated area with unwashed hands.
 - Wear clean, loose-fitting clothes.
 - Avoid swimming in chlorinated pools.
 - Do not apply deodorants, body sprays, powders, lotions, or other products to the area, other than those recommended by your therapist.
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- To soothe and protect the skin, apply an antiseptic cream to the waxed area regularly for 3 days following your treatment.
 - Always wash your hands before applying any product.
 - To prevent ingrown hairs: starting a few days after your appointment and then continuing a couple of times every week, exfoliate the areas you get waxed using a dry brush or exfoliating mitt. Take the brush and just before you step into the bath or shower gently brush the area you get waxed whilst your skin and the brush are dry.
 - After you've bathed/showered, apply some baby oil to the waxed area.
 - Moisturize every day to keep the skin supple and help new hairs to grow through normally. Don't exfoliate too much or too rough as this can graze the skin and cause ingrown hairs.
 - You may notice a small amount of re growth after a week or so. It can take up to 4 treatments for your hair to get on a growth cycle that gives best results.
 - You will need at least 3-4 weeks growth of hair before it can be successfully removed by waxing.
 - Please do not shave between your appointments.
 - To maintain your smooth appearance, regular waxing is recommended every 4-6 weeks.

If you have any questions or concerns, please contact us at 912-489-3883. Thank you!